# FOOD USES OF MORINGA OLEIFERA IN NIGER

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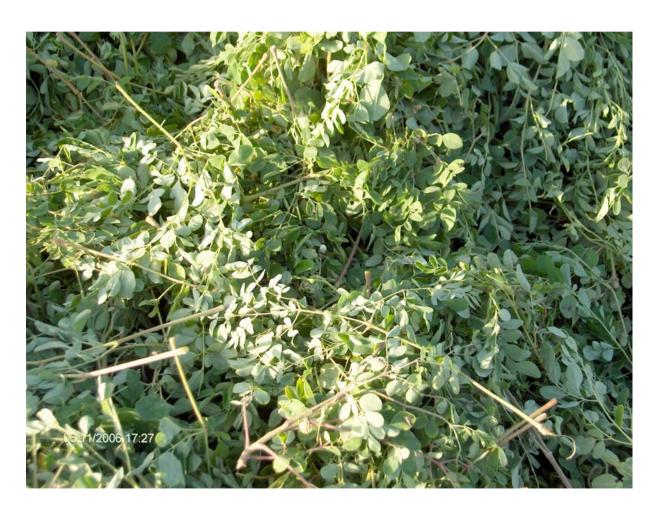
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### SALE OF MORINGA LEAVES AT A MARKET IN THE CAPITAL

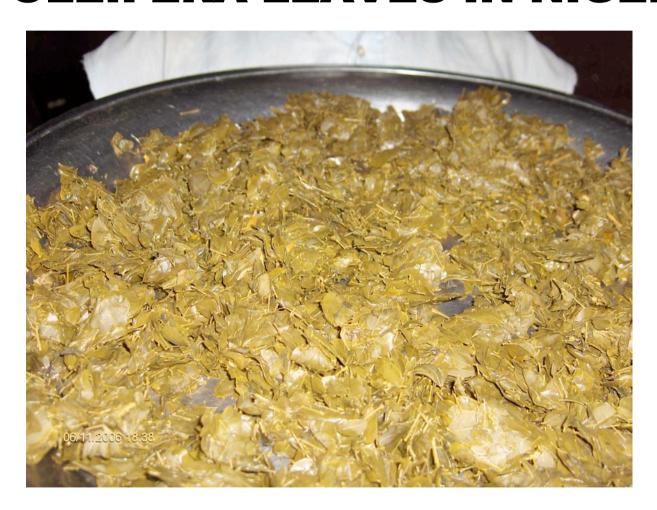


Moringa and other highly nutritious plant resources: Strategies, standards and markets for a better impact on nutrition in Africa. Accra, Ghana, November 16-18, 2006

### SALE OF FRESH MORINGA LEAVES: A GROWING MARKET IN NIGER



## EATING COOKED MORINGA OLEIFERA LEAVES IN NIGER



#### SUPPORTING WOMEN WHO GROW PLANTS RICH IN VITAMIN A, including Moringa oleifera: free distribution of seeds (UNICEF)



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#### OTHER PLANTS WITH HIGH NUTRITIONAL POTENTIAL IN NIGER

Many edible woody species grow in the agrosystems of Niger's agricultural zone. The population, knowing the value of these species, sometimes domesticate them. Among these species some are heavily consumed. This consumption gave birth to trading networks that crisscross the country.

### OTHER PLANTS WITH HIGH NUTRITIONAL POTENTIAL IN NIGER

- Adansonia digitata
- Balanites aegyptiaca
- Hyphaene thebaica
- Ziziphus mauritiana
- Sclerocarya birrea
- ·Parkia biglobosa
- Tamarindus indica
- ·Lannea microcarpa

and of course....

Moringa oleifera

# The PKM1: An improved Moringa variety now widespread in Niger

The PKM1, native to India, is a variety characterized by its considerable biomass and pod production. The ICRISAT Sahelian Centre in Niamey is working towards giving the PKM1 mainstream status.

### PERSPECTIVES FOR RESEARCH AND DEVELOPMENT

- Develop the processing capacities of fresh Moringa leaves
- Studies to broaden market perspectives and encourage the use of new technologies